

HSP Men's Monthly Meeting Survey

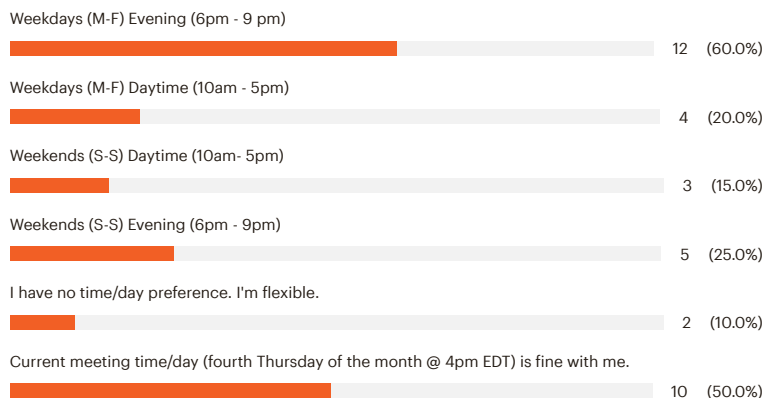
All Responses

Question 1: For future meetings (scheduling): Which time(s) work best for you? Note: answer this with your time zone in mind. Click as many as are relevant. "

Question 2: Do you think as the group continues to grow that we consider having two or more group times to accommodate more people? "

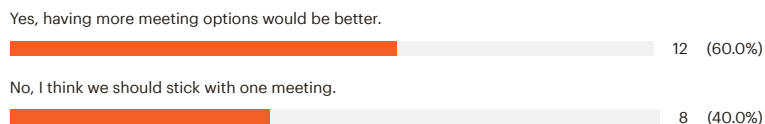
Question 1 has 20 answers (Checkboxes)

“For future meetings (scheduling): Which time(s) work best for you? Note: answer this with your time zone in mind. Click as many as are relevant. ”



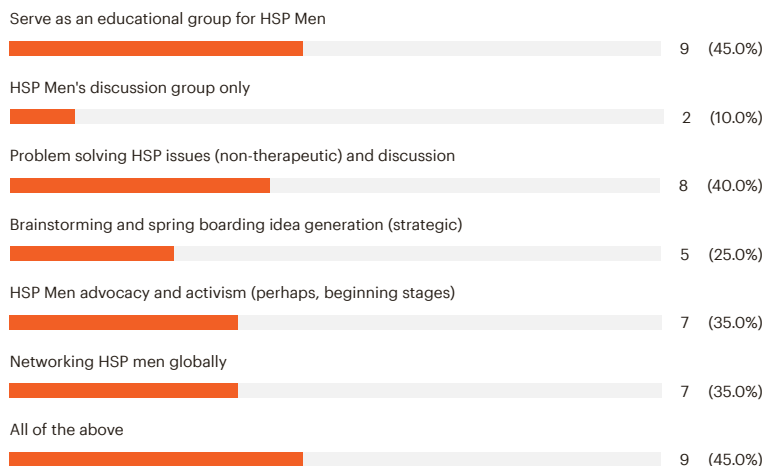
Question 2 has 20 answers (Radio Buttons)

“Do you think as the group continues to grow that we consider having two or more group times to accommodate more people? ”



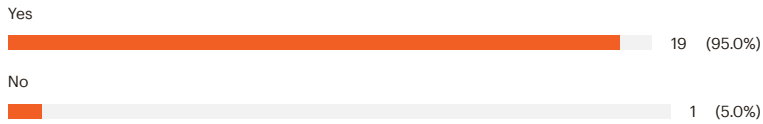
Question 3 has 20 answers (Checkboxes)

“What do you think the primary purpose(s) of the HSP Men’s Meeting is at this point? (check all that apply)”



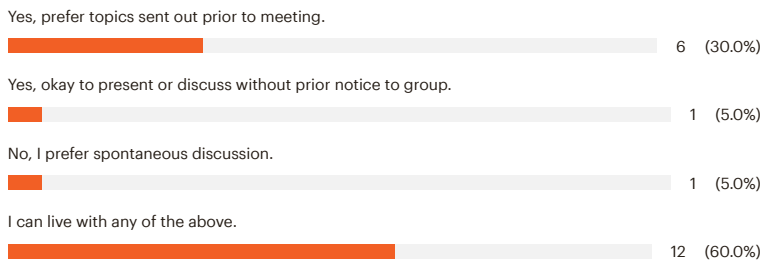
Question 4 has 20 answers (Radio Buttons)

“At the last meeting, did you find the small breakout groups to be useful?”



Question 5 has 20 answers (Radio Buttons)

“Do you prefer, pre-planned topics for upcoming meetings?”



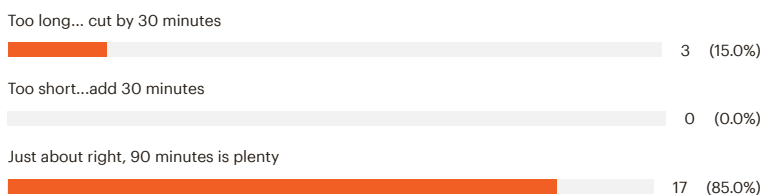
Question 6 has 20 answers (Radio Buttons)

“If we have speakers and follow TED talk limits (20 mins), then how often should we have speakers?”



Question 7 has 20 answers (Radio Buttons)

“Is the meeting duration...?”



Question 8 has 15 answers (Open Text)

“What topics would you like to see discussed by the group?”

Unknown contact said:

"Making the most out of being HSP
The positive experiences of being HSP
HSP - pro's and con's of labelling
Good HSM role models
How to handle over whelm ?
How to maintain separation / boundaries
Leadership and being a HSM
Trauma and HDM
Gender and HDM
Sexuality and HSM

"

bennyfifeaudio@gmail.com said:

"Being the catalyst for a new world view of masculinity"

Unknown contact said:

"Not sure yet because I haven't joined one as of yet but looking forward to it. "

Unknown contact said:

"STYLE. How HSP is perceived where you live. Books."

Unknown contact said:

"Patriarchy, feminism, finding allies and how we can be better allies to other marginalized groups"

Unknown contact said:

"I did not attend the last meeting so I don't know how the breakouts worked.

Experiences with hsp and non hsp partners. Experiences and discussion.

Hobbies and what works for HSPs

Discussion about other hsp work going on in the field (brief)

"

Unknown contact said:

"People sharing how they leverage HSP in their personal & professional lives.
Coping skills, life hacks, etc. "

Unknown contact said:

"Relationships"

Unknown contact said:

"Overall life design: in the last meeting, it seemed like a lot of people are aware of the trait and it's strengths, but people were having a hard time transitioning to a lifestyle supporting the trait. "

Unknown contact said:

"Again, I have yet to attend any meetings. Aside from time of meeting, I'm good with anything you choose. Bill Boden"

Unknown contact said:

"1) Formation of HSP group to promote HSPs in leadership roles, government and business

2) The collective role of HSPs as advisors and caretakers in society

3) Historical roles of HSPs in tribes and groups. How different societies benefited from their guidance and how we can benefit now by listening to those who see the most"

Unknown contact said:

"What do we want to derive from the meeting ?"

Unknown contact said:

"Co-dependency

HSP Men and the challenges of relationships

Challenges in the workplace

"

Unknown contact said:

"Off the top of my head and in no order:

* Managing energy

* Hidden strengths (ex. We avoid difficult conversations yet we are uniquely equipped to handle them)

* Being kind to ourselves

* Loving our inner being and outer being.

* Managing conflict

* Leadership

* Confidence

"

duncan.friend@yahoo.co.uk said:

"Ways to help HSP men in the workplace and ways to educate other neurotypical staff

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